

Lent 1

The Collect

O LORD, who for our sake didst fast forty days and forty nights; Give us grace to use such abstinence, that, our flesh being subdued to the Spirit we may ever obey thy godly motions in righteousness, and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

First Lesson

Genesis 2:7-9, 3:1-7

The earth was without form and void, and darkness was upon the face of the deep; and the Spirit of God was moving over the face of the waters. And God said, "Let there be light"; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, one day. And God said, "Let there be a firmament in the midst of the waters, and let it separate the waters from the waters." And God made the firmament and separated the waters which were under the firmament from the waters which were above the firmament. And it was so. And God called the firmament Heaven. And there was evening and there was morning, a second day. And God said, "Let the waters under the heavens be gathered together into one place, and let the dry land appear." And it was so. Now the serpent was more subtle than any other wild creature that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat of any tree of the garden'?" And the woman said to the serpent, "We may eat of the fruit of the trees of the garden; but God said, 'You shall not eat of the fruit of the tree which is in the midst of the garden, neither shall you touch it, lest you die.'" But the serpent said to the woman, "You will not die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight

to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves aprons.

The Word of the Lord
Thanks be to God

Psalm 91

- ¹ He who dwells in the shelter of the Most High, who abides in the shadow of the Almighty,
² **will say to the LORD, "My refuge and my fortress; my God, in whom I trust."**
³ For he will deliver you from the snare of the fowler and from the deadly pestilence;
⁴ **he will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler.** ⁵ You will not fear the terror of the night, nor the arrow that flies by day,
⁶ **nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday.**
⁷ A thousand may fall at your side, ten thousand at your right hand; but it will not come near you.
⁸ **You will only look with your eyes and see the recompense of the wicked.**
⁹ Because you have made the LORD your refuge, the Most High your habitation,
¹⁰ **no evil shall befall you, no scourge come near your tent.** ¹¹ For he will give his angels charge of you to guard you in all your ways.
¹² **On their hands they will bear you up, lest you dash your foot against a stone.**
¹³ You will tread on the lion and the adder, the young lion and the serpent you will trample under foot.
¹⁴ **Because he cleaves to me in love, I will deliver him; I will protect him, because he knows my name.**

¹⁵ When he calls to me, I will answer him; I will be with him in trouble, I will rescue him and honor him.

¹⁶ **With long life I will satisfy him, and show him my salvation.**

Glory be to the Father, and to the Son, and
to the Holy Ghost
*As it was in the beginning, is now, and ever
shall be, world without end. Amen.*

The Epistle

2 Corinthians 6:1-10

Working together with him, then, we entreat you not to accept the grace of God in vain. For he says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in any one's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

The Word of the Lord
Thanks be to God

The Holy Gospel *Glory be to thee, O Lord*

Matthew 4:1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And he fasted forty days and forty nights, and afterward he was hungry. And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'" Then the devil took him to the holy city, and set him on the pinnacle of the temple, and said to him, "If you are the Son of God, throw yourself down; for it is written, 'He will give his angels charge of you,' and 'On their hands they will bear you up, lest you strike your foot against a stone.'" Jesus said to him, "Again it is written, 'You shall not tempt the Lord your God.'" Again, the devil took him to a very high mountain, and showed him all the kingdoms of the world and the glory of them; and he said to him, "All these I will give you, if you will fall down and worship me." Then Jesus said to him, "Be gone, Satan! for it is written, 'You shall worship the Lord your God and him only shall you serve.'" Then the devil left him, and behold, angels came and ministered to him.

The Gospel of the Lord
Praise be to thee, O Christ